

## ***Purpose***

*This group is for adult stroke survivors and caregivers in Stratford and the surrounding area. Through education and peer support, members will be empowered to improve their health and well-being.*

COMMUNITY **Stroke**  
Rehabilitation TEAM

***Life After Stroke....Let's  
Make it Happen!***

*Phone: 519-685-4292 x 45034*

*Fax: 519-685-4802*

*Toll Free: 1-866-310-7577*

*Seaforth Community Hospital  
24 Centennial Dr.  
Seaforth, ON  
N0K 1W0*



**MOVING FORWARD  
WITH STROKE**

**WHERE WILL THE GROUP MEET?**



*YMCA Stratford*

*204 Downie Street*

*Stratford, ON, N4X 1A5*

**HOW OFTEN WILL THE GROUP MEET?**

*The first Wednesday  
of every month*

*...starting*

*Wednesday April 7<sup>th</sup>,  
2010.*

**WHAT TIME?**

*2:00 to 3:30 p.m.*

**FACILITATORS**

*Erin Maloney  
Social Worker  
519-527-8404 x 4288*

*Grace Benedict  
Registered Nurse  
519-527-8404 x 4287*

*Please feel free to contact either  
Erin or Grace  
at any time with any questions.*