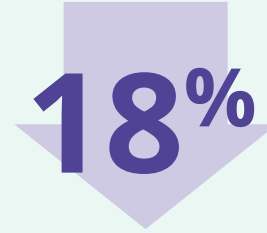




Cardiovascular disease costs Canada over **\$22 billion a year** in healthcare and lost productivity¹ with total costs expected to reach **\$28.3 billion** in 2020².

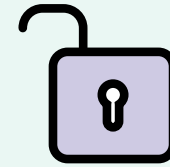


reduction in hospital re-admissions of patients referred for cardiac rehabilitation

Compared to those who were not referred based on a Cochrane Review⁴.

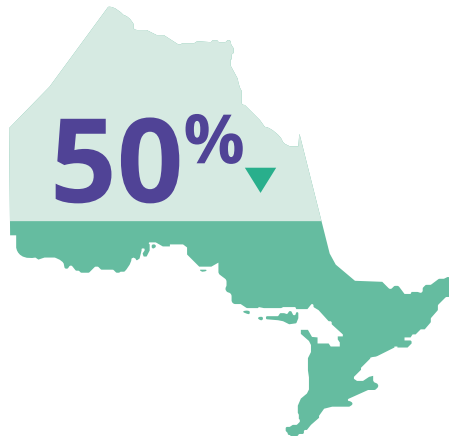


Stroke costs the Canadian economy **\$3.6 billion** a year in physician services, hospital costs, lost wages, and decreased productivity.³



Adopting stroke rehabilitation best practices could improve outcomes for stroke patients and free up approximately **\$20 million dollars annually⁵**.

\$20 million



Rehabilitation Saves Lives and Money

Cardiac rehabilitation in Ontario was associated with a **50% reduction in mortality**



49% ▼

Lower in men



64% ▼

Lower in women⁶

1. Canadian Heart Health Strategy and Action Plan Steering Committee 2009
2. Thériault et al. 2010
3. HQO; MOHLTC 2016
4. Anderson, Oldridge et al. 2016; Anderson, Thompson et al. 2016; Grace et al. 2016).
5. Meyer et al. 2012
6. Grace et al. 2016