



The **Ontario Stroke Network Rehabilitation Intensity Working Group** offered three videoconferenced educational opportunities over the past two years to support the implementation of stroke best practice. The links to the **archived webcast** presentations are listed below. Please address any questions or comments to: Beth Linkewich (beth.linkewich@sunnybrook.ca).

**1. [Towards 180 Minutes a Day: One Step at a Time](#)**

Presented by Janine Theben, Mike Gardner, Andrea Guth, Joan Ruston Berge, and Jennifer Shaffer on January 13, 2016 (Event #: 50924748) - [Handout](#)

**Objectives:**

- Share key messages from a stroke survivor's perspective on rehabilitation intensity
- Share ideas and strategies used by three organizations within Ontario to support rehabilitation intensity implementation
- Identify where to access current rehabilitation intensity resources.

**2. [Stroke Rehabilitation Intensity Education Session](#)**

Presented by Beth Linkewich on November 18, 2015 (Event #: 47527787) - [Handout](#)

**Objectives:**

- Define rehabilitation intensity
- Discuss the rationale for collecting data (NRS rehabilitation time)
- Apply rehabilitation intensity from the patient perspective into practice
- Review the rehabilitation intensity provincial survey results
- Give examples of what activities are included in rehabilitation intensity and which are not.
- Identify where to access current rehabilitation intensity resources

**3. [Every Minute Counts – Stroke Rehabilitation Intensity](#)**

Presented by Beth Linkewich on October 20, 2014 (Event #: 37425077) - [Handout](#)

**Objectives:**

- Provide context about why rehabilitation intensity is important
- Share an overview of the provincial work and resulting definition of rehabilitation intensity
- Briefly highlight how we will be measuring rehabilitation intensity
- Discuss opportunities to increase rehabilitation intensity to align with best practices