

















Ontario Stroke Network
Stroke Rehabilitation Best Practice Initiatives Environmental Scan

Organization	Contact Person	Name of Initiative	Program Offering	Date Implemented	Project Leads	Outcomes to Date	Success Factors	Lessons Learned	Resources	Future Plans
SWO Stroke Network	Deb Willems	Time is Function: Making It Real	<p>Knowledge Exchange Forum focusing on three best practices:</p> <ul style="list-style-type: none"> • 3 hours of therapy per day at least 5 days a week • increased practice of skills gained in therapy, outside of therapy time • more challenging, meaningful activities and stimulating environments <p>The SWO Stroke Network hosted a knowledge exchange (KE) event focused on sharing successful and effective stroke rehabilitation initiatives among eight rehabilitation programs in Southwestern Ontario. A change management approach was used to plan the KE workshop. Components included presentations from subject matter experts, a video using stories from both front line workers and patients, a KE fair and time for team action planning.</p>	April 26, 2012	Deb Willems Sheila Cook Jennifer Beal	Over 96% of workshop participants indicated that they had learned practical strategies to improve stroke rehabilitation care. In reporting the most positive aspects of the workshop, the most striking was that participants noted the opportunity to work as a team, to get to know team members better, and the need for time to work together. Each rehabilitation program created an action plan as part of the KE event. In total, the teams identified and committed to 48 process improvements. 83% indicated confidence that their team would make progress on their action plan in the coming 4-6 months. In follow-up, six months after the workshop, of the 48 actions contained within the action plans created by the eight inpatient rehabilitation programs, 30 had been implemented or initiated.	 Time for Change GTA Rehab.pdf	<ul style="list-style-type: none"> • Change Management approach to Knowledge Translation works! • Knowledge Exchange opportunities that give teams focused time to learn from colleagues and plan together is golden. • This approach was a catalyst for getting teams unstuck and giving them tools and strategies to influence change in their organizations. • Using a video allowed participants to 'hear the stories' directly from patients and colleagues. 	<p>Video in three parts at :</p> <ul style="list-style-type: none"> • http://www.youtube.com/watch?v=VC9UnvBJQSc • http://www.youtube.com/watch?v=ggtAFwfOKhs • http://www.youtube.com/watch?v=Xp1xdB8Fs98 <p>  Rehab Forum Report final.pdf  KE handout balance class.pdf  KE handout communication.pdf  KE handout FES.pdf  KE handout GRASP.pdf  KE handout LEAN.pdf  KE handout Mental Practice.pdf </p>	<p>Quarterly newsletters to continue to share ideas</p> <p>  Rehab Forum Newsletter Aug 15 20  Rehab Forum Newsletter Dec 2012.  Rehab Forum Newsletter Apr 2013.  Rehab Forum Newsletter Aug 2013. </p>

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