Enhancing Community-Based Therapy for Stroke Survivors

Protocols for Stakeholders Therapy Providers

Clients Discharged to the Community Setting

The providers are the Occupational Therapists, Physiotherapists, Speech Language Pathologists and Social Workers contracted by the CCACs to provide rehab service.

Actions: (these may vary to meet the administrative procedures of different settings).

- 1. Obtain a new stroke client's referral in the customary way.
- 2. If you are an OT: Your CCAC case manager will give you the name and number of the client's inpatient OT. Please contact him/her immediately and arrange a time for the Discharge Link Meeting (DLM).
- 3. Planning/ organizing for this meeting could start as early as two weeks prior to discharge with the DL meeting ideally occurring within 72 hrs of discharge.
- 4. The DLM <u>must be face to face</u> (see Guidelines for the DLM separate document).

All Providers will:

- 1. Provide the enhanced level of therapy as determined by the client's treatment plan and continue to communicate care plans in the usual manner to the case managers.
- 2. Provide the CM with a verbal report two weeks into the initial plan, as requested by the CM.
- 3. Select educational videos from the TIPS and TOOLS resources for use with the PSWs, client/family and other caregivers to review that pertain to the client's plan of care/treatment approach.

Guidelines for the "Increased" Therapy

The Project supplies up-front funding for increased therapy that is **above and beyond** the level of therapy the CCAC would normally provide within a maximum funding envelope. The amount of increased therapy will be determined by the client's therapy goals for each client. The increased therapy includes the following activities:

- a) The Discharge Link meeting.
- b) Therapy Provider visits (as per the guidelines below).

Pre-Discharge: The CCAC-contracted OT attends the **Discharge Link Meeting** with the inpatient OT, the

client, and/or caregiver(s).

First 4 weeks: Up to: 2 extra visits/wk of OT and PT

1 extra visit/wk of SLP and SW *

4-8 weeks: Up to: 1 extra visit/wk of OT and PT

1 extra visit/2wks of SLP and SW *

SW NOTE: * On a case-by-case basis if deemed appropriate, the service plan can be extended over 12 weeks (rather than 8) for **Social Work** service.

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Rev. June 2011